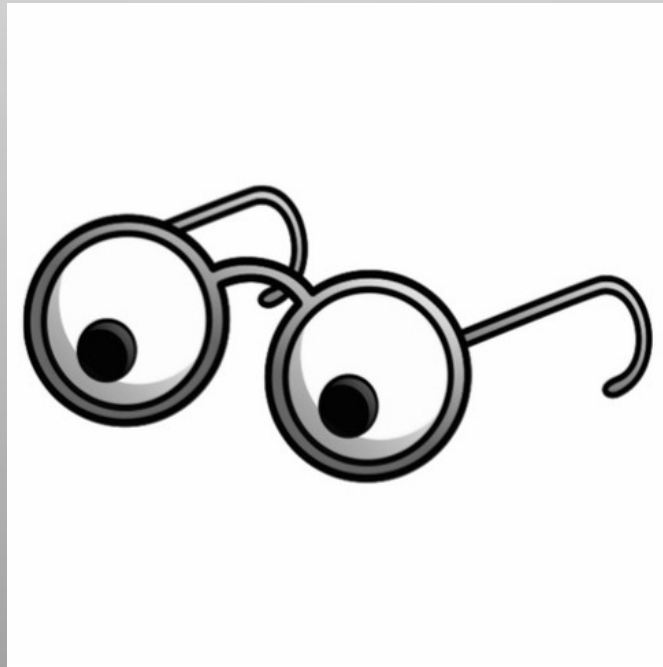


The world would
be more
awesome if

#8 Focus on the awesome.



How to look at the world through awesome-tinted glasses:

- Remember to look for it
- Invent special glasses that help you only see things that are awesome
- Surround yourself with people who help you see it.

- Your day won't always be filled with awesome. Your day might be filled with bad test results, difficult work, traffic jams, a broken bone, or even worse. Keep your focus on the awesome. Its not always easy to see, but it's always there.
- Create a list of things that keep you going. Keep it near by. You'll be glad you did.

#16 Follow your passion



It's not just things you love.

You can be passionate about solving a problem. We all have things in our lives that we'd like to see be different.

Anybody who has ever changed the world for the better asked themselves three questions. By answering these questions they got to the heart of what they are passionate about and how they could do something about it.

1 – I'm not okay with.....

2 – I have.....

3 – I can.....

Sometimes by following
what you really love you can
help solve a problem you
really don't love.



#17 Treat everyone like it's their birthday

Treating everyone like it's their birthday isn't about constantly giving people gifts and birthday cake – though cake always helps!! This is about remembering to celebrate people every single day. This applies to everyone, not just your friends. It changes the way you see people, talk to people, and treat people.

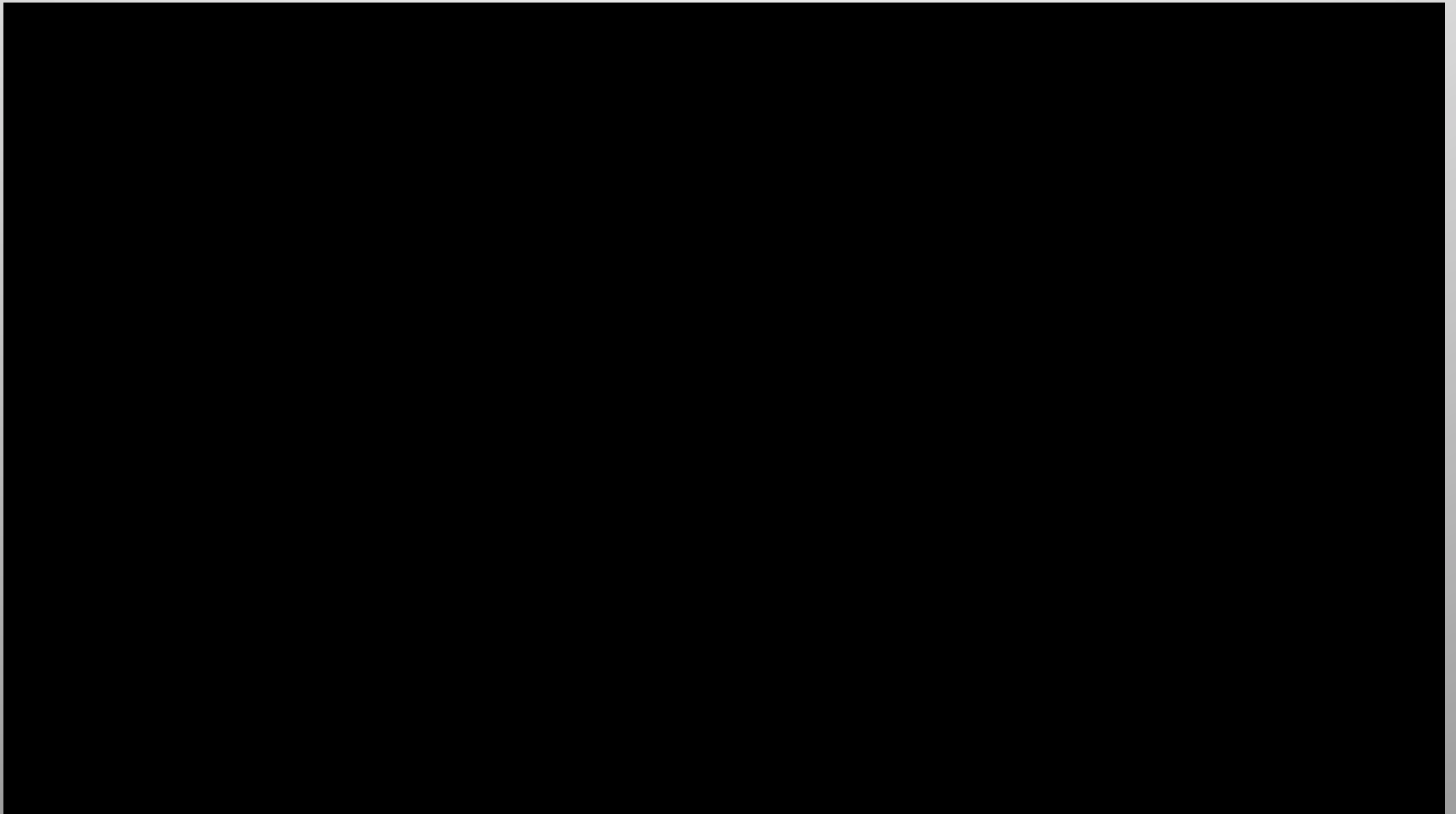
How do you like to be
treated on your birthday?
(Not including presents and
cake!)

Try it next time you're out anywhere. It can be the lady at the checkout line of the supermarket, the bin man, the person leading your football training.

You don't have to yell "HAPPY BIRTHDAY" or hand out balloons. Just give them some recognition and let them know you think they are worth celebrating.

Everybody's worth
celebrating. Everybody
matters. Take time to let
them know. Every day.

#29 Talk gooder



Bonus ideas?

The average person says around 16,000 words in a day. That's a lot of chances to make the world more awesome.

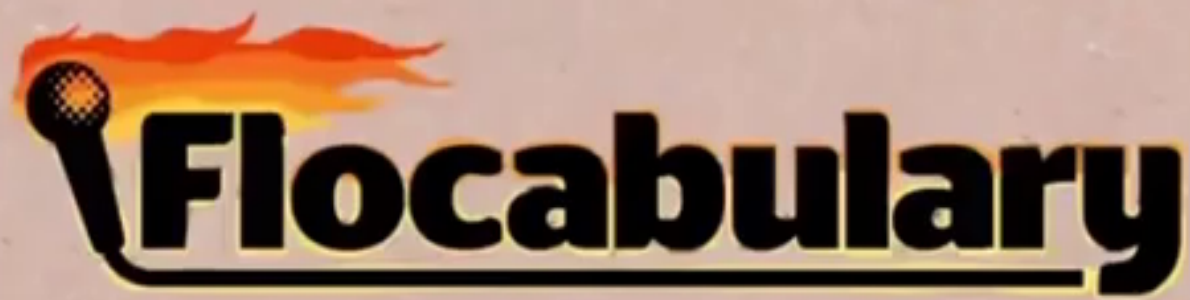
What could you add to the list?

Create a page for the Silverdale “nice things to say” book.

#30 Listen more than you talk



- If you really want to talk gooder, its important to remember to listen gooder, too. The things you say are important, but stop and listen more. You might learn something. In fact, you *will* learn something. You might learn that words like “gooder” aren’t actually words!



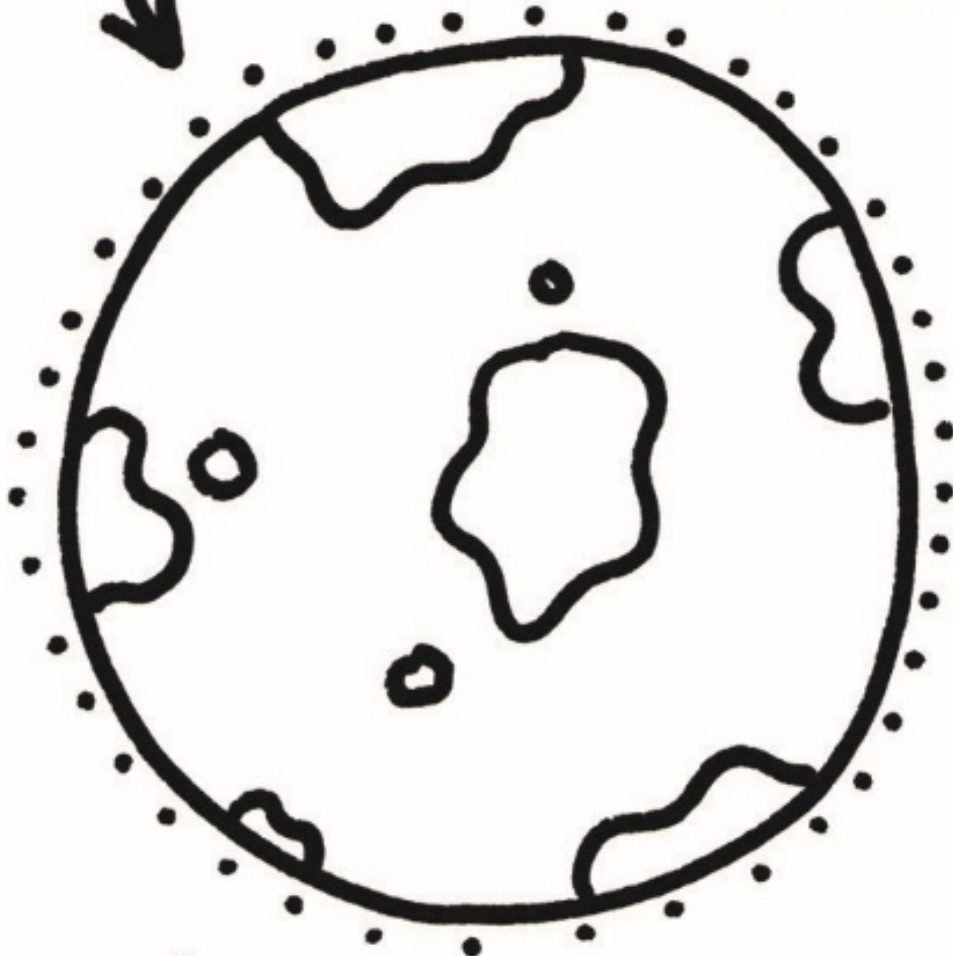
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HD



you've got just 4000
weeks here!



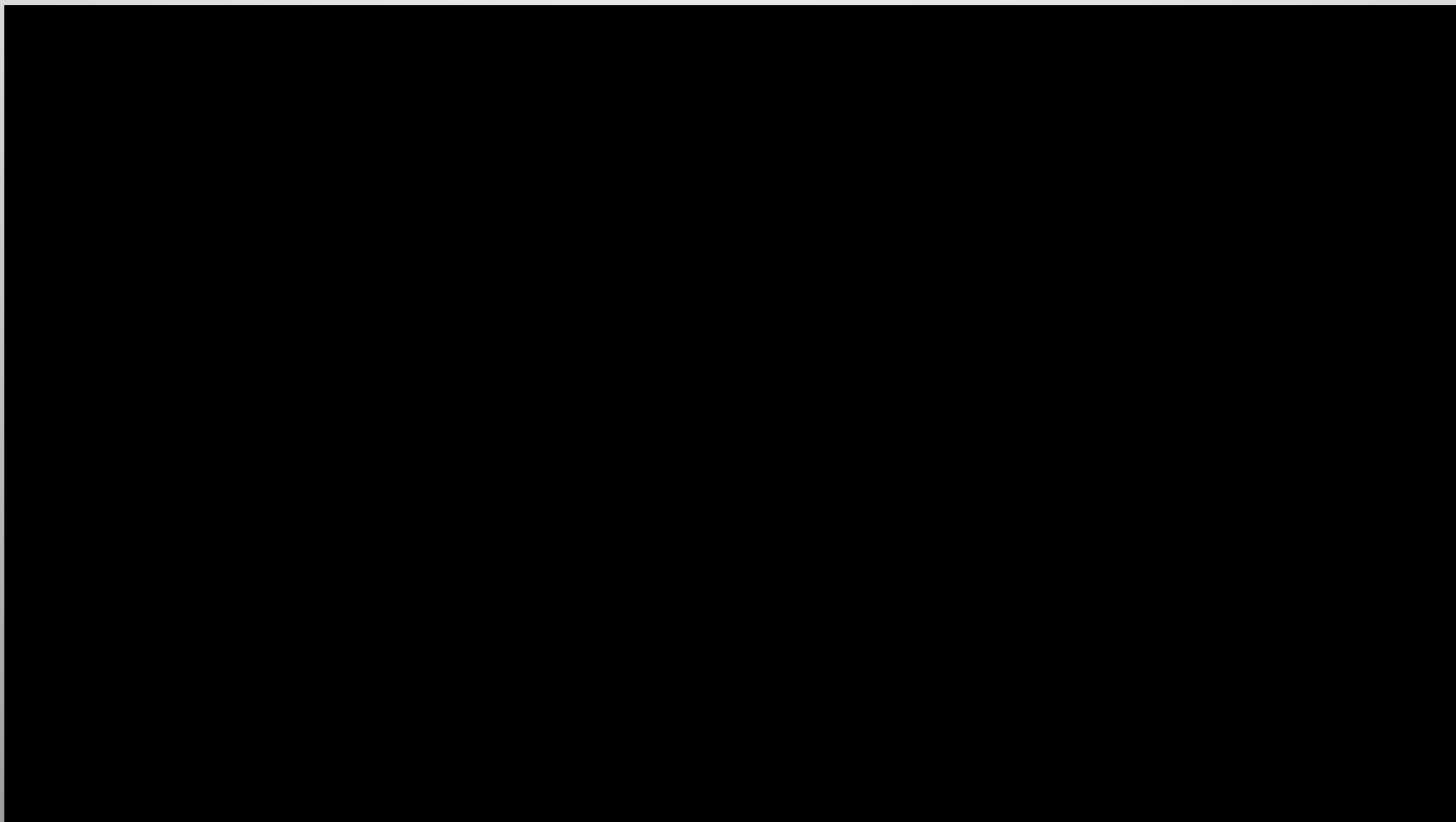
#DoSomething!

The world would
be more
awesome if

#37 If you want to be a world changer for people everywhere, be a day maker for the people right next to you

Changing the world is a big goal. It's crazy big. It's not exactly something you can put on your daily planner and cross off your list at the end of the day.

The world is changed in little pieces every single day. It's all about the little things we do daily that add up to something really big.



Take a moment to think of ways you can make the world more awesome for somebody next to you. Imagine a world where everybody decided to make the day for the person next to them better. If we all did that, then the whole world would be taken care of.

Sound like a plan? Go be a day maker.

Whose day can you make more awesome today?

This is an
awareness test.

Awareness Test

#98 Write down your dreams

Now, just writing something down doesn't mean it will come true. There is, however, great power in actually putting words together that say what you'd like to see happen

Think about it. What are you dreaming of? What sort of things would you like to see happen that could make the world more awesome? Write them down. Dream big, too. Your dreams make you who you are, so should make them awesome.



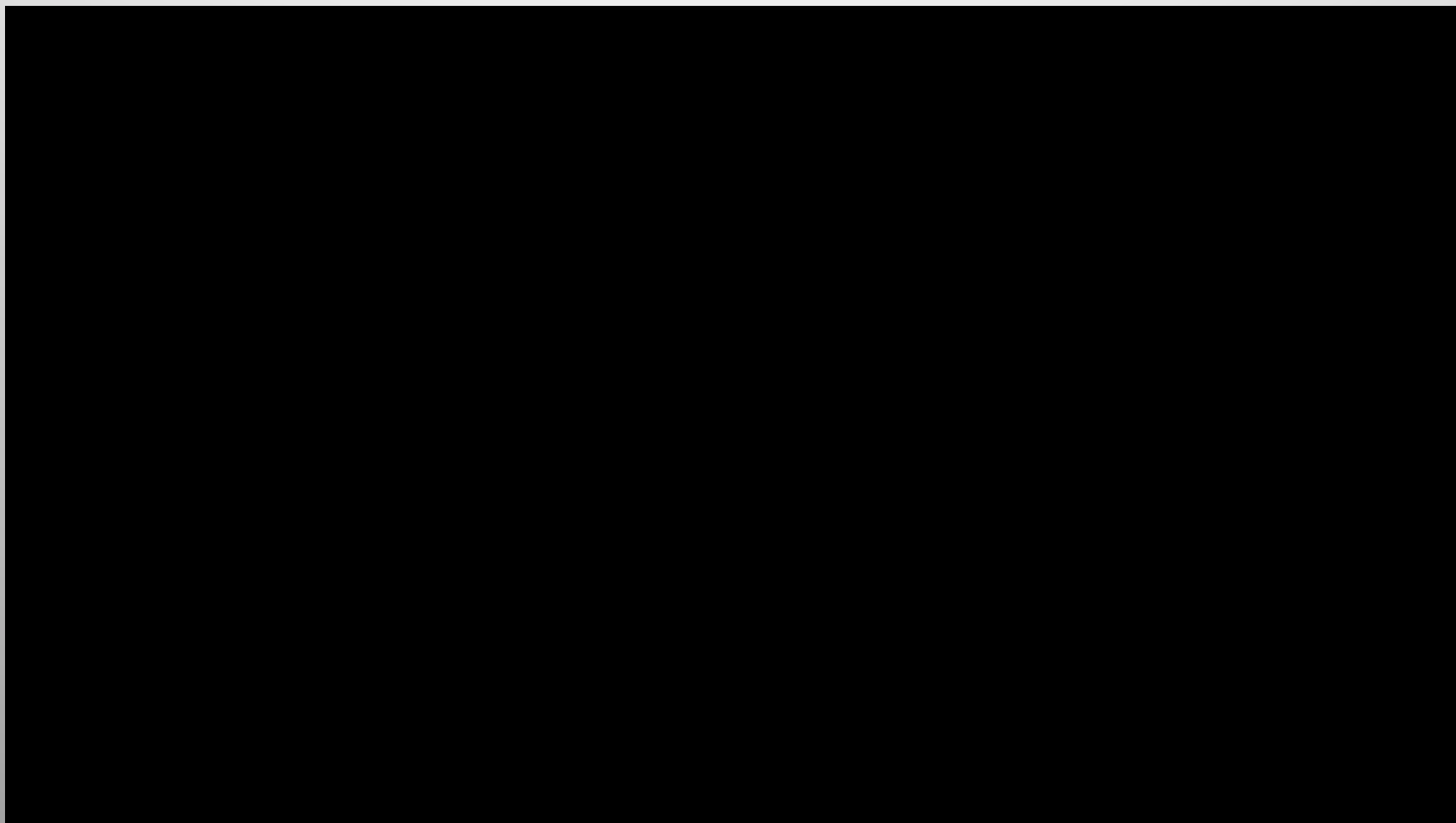
Barcelona'92



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#69 Write a poem for somebody who doesn't normally get poems written about them.

Throughout history, people have written grand, epic poems about warriors and adventurers to ensure that their tales get passed down for generations to come.



Show somebody you think their
greatness deserves to be
recognised in the same way.
Take time to write an epic poem
about the adventures of your
mum or dad.

